

THE FITNESS HUB

Robe Health & Fitness Hub

GROUP CLASS PROGRAM

1/2 HR CLASS \$10 • 1HR & 45MIN CLASSES \$15

Bookings are essential, bring a towel and drink bottle.

For more information contact Tegan on 0499 885 400 or visit

www.thefitnesshubs.com.au

MONDAY	WEDNESDAY	FRIDAY
7:00AM Booty & Abs (1/2hr)	7:00AM Gym - Mixed Strength / Fitness	AFTERNOONS available for PT & Pop up classes on request
9:00AM Gym - Mixed Strength / Fitness	9:00AM Boxing	Sessions held at Robe Gym 1 Flint Street, Robe
6:00PM Gym - Mixed Strength / Fitness	6:00PM Gym - Mixed Strength / Fitness	

